# If you need help or support in recovery:

# **RASE Project of Lancaster**

131 East Orange St. Lancaster PA 17602 (717) 295-3080 www.raseproject.org

## Donegal Substance Abuse Alliance (DSAA)

78 E. Main St. Mount Joy PA 17552 (717) 492-4596 http://dsasquared.org/

Joining Forces: www.lancasterjoiningforces.org/

# Pennsylvania Department of Drugs and Alco-

**hol:** https://apps.ddap.pa.gov/gethelpnow/CareProvider.aspx

#### **Support Groups**

**AA - Alcoholics Anonymous** (717) 394-3238 or https://lancasteraa.org/meetings/

**NA - Narcotics Anonymous** (717) 393-4546 or https://lancasterpana.org/lcana-crouton-meeting-list/

#### Family Support

Al-Anon/Alateen/Adult Children of Alcoholics (888) 425-2666

Nar-Anon Family Group, Lancaster (717) 285-2909 Gam-Anon Family Group, Ephrata, Lancaster (412) 281-7484

#### Gambling

PA Problem Gambling Hotline 800-GAMBLER GA- Gamblers Anonymous Ephrata, Lancaster (855)222-5542

For a comprehensive list of support groups visit:

www.compassmark.org/find-help/lancaster/ support-groups/



# Facts about Lancaster County Drug & Alcohol Commission (LCDAC)

- ◆ LCDAC is also referred to as a Single County Authority (SCA).
- The administrative office is located at: 150 North Queen Street, Suite 402; Lancaster, PA 17603.
- Visit our webpage: https:// www.co.lancaster.pa.us/140/Drug-Alcohol-Commission
- ♦ Office hours: 8:30am −5:00pm Mon-Fri.
- LCDAC is responsible for the oversight of the drug & alcohol services within Lancaster County.
- No direct services are provided at the office site.
- LCDAC contracts out all direct services to providers throughout Lancaster County.
- LCDAC provides funds to ensure that underinsured and non-insured individuals can receive drug & alcohol treatment services.
- LCDAC also provides funds for evidence based prevention services in school, community and home-based settings.
- If you have any issues/problems/concerns regarding any drug & alcohol services within Lancaster County, contact (717) 299-8023.
- LCDAC and its contracted service providers shall give the identified Priority Populations preference to treatment as follows and, in the following order: Pregnant women who inject drugs; Pregnant women who use substances; Persons who inject drugs (PWID); Overdose survivors; Veterans.

# 2025

# **GETTING HELP**

for Alcohol and other Drug Problems in Lancaster County

# **EMERGENCY HELP**

**Overdose or medical issues: Call 911** 

Withdrawal Management/Detox services:

- White Deer Run (866) 769-6822 or
- PA Adult and Teen Challenge (844) 888-8085

# **Suicidal Thoughts:**

Crisis Intervention (717) 394-2631

For all other questions, issues, or concerns about substance use disorders, prevention, or support contact

Compass Mark at

- (717) 299-2831
- www.compassmark.org/find-help/ lancaster/

# I NEED HELP WITH...

Help is available for alcohol and other drug problems in Lancaster County. Here's how you can find help for yourself or someone else:

- If you believe you or someone you know needs withdrawal management (detox) services, call White Deer Run Call Center at (866) 769-6822 or PA Adult and Teen Challenge at (844) 888-8085.
- If you think you might need treatment OR are required to obtain an evaluation, contact one of the listed outpatient providers and they will schedule an assessment appointment to determine if you need treatment and if so, what treatment recommendations would be in your best interest.
- If you are not sure what you need to do for yourself or for someone you know that may have a drug/alcohol/gambling problem/issue/concern, contact Compass Mark at (717) 299-2831 or info@compassmark.org.
- If you would like to learn about addiction prevention for your child contact Compass Mark at (717) 299-2831 or info@compassmark.org
- If you need information on recovery support groups contact Compass Mark at (717) 299-2831 or info@compassmark.org.

# How do I pay for treatment?

I have Insurance or HMO - Most insurance companies cover D&A treatment. Contact your insurance company to determine what is covered and how to properly access this benefit. It is important to follow the correct procedures. In some cases, pre-authorization from the HMO is required. Some D&A facilities will assist you in working with your insurance company.

I have Veterans Benefits - Most military veterans are eligible for D&A treatment services. Both the Lebanon and Coatesville VA Hospitals provide D&A treatment services. Call (800) 409-8771 Ext. 4543.

I have Medicaid/MA - Contact PerformCare (888) 722-8646 or pa.performcare.org for covered drug & alcohol services for adults, adolescents, and children.

I can pay privately - If you have the ability to pay for your D&A treatment, you may choose any facility you can afford.

I don't have a way to pay - If you think you may need withdrawal management (detox) services, call White Deer Run Call Center at (866) 769-6822 or PA Adult and Teen Challenge at (844) 888-8085 for a short phone assessment. If appropriate, they will begin a bed search to look for treatment accommodations for you. They will also help you determine if you are eligible for County funding, or help you determine how to pay for your treatment. If you do not need withdrawal management, but think you may need inpatient rehab, call and make an appointment with an outpatient clinic for an evaluation and a financial liability review.

# **LCDAC Contracted Outpatient Treatment Service Providers**

## **PA Counseling Services - Lancaster City**

40 Pearl Street
Lancaster PA 17603
(717) 397-8081
www.pacounseling.com
(855) 272-1653
Other service sites: Columbia

### Ponessa Behavioral Health

410 N. Prince St. Lancaster PA 17603 (717) 560-7917 (877) 228-9177 www.ponessa.com

## **Blueprints for Addiction Recovery, Inc.**

1901 Olde Homestead Lane Lancaster PA 17601 (717) 361-1660 www.blueprintsrecovery.com Other service sites: Mount Joy

# **Addiction Recovery Systems (ARS)**

2192 Embassy Drive Lancaster PA 17603 (717) 394-7160 www.arshealth.com

Other service sites: Ephrata (717) 740-6910

#### Naaman Center/PA Adult and Teen Challenge\*

4600 East Harrisburg Pike Elizabethtown PA 17022 (844) 888-8085 www.naamancenter.com Other service sites: Lancaster

#### **GateHouse Behavioral Health Services**

817 North Cherry St. Lancaster PA 17602 (717) 393-3215 www.gatehouse.org

# **Community Care and Addiction Recovery Services\***

141 E. Main St. Leola PA 17540 (717) 296-8181 www.communityaddictionrecovery.com

### Nuestra Clinica Outpatient\*\*

545 Pershing Ave.
Lancaster PA 17602
(717) 293-4150
www.sacapa.org/programs/behavioral-health/nuestra-clinica-outpatient/

#### **R3 Recovery Services**

618 Columbia Ave. Lancaster PA 17603 (717) 340-0024 www.r3recoveryservices.com

# **CASE MANAGEMENT SERVICE PROVIDERS**

Case Management Services coordinate assistance with health, substance use, mental health, and various other social service needs at a single point of contact. These providers offer Case Management Services:

- ♦ PA Counseling Services, Lancaster City (717) 397-8081 www.pacounseling.com
- ♦ Blueprints for Addiction Recovery , Inc. (717) 361-1660 www.blueprintsrecovery.com
- ♦ Naaman Center (717) 394-5495 www.naamancenter.com
- Gate House Behavioral Health Services (717) 393-3215 www.gatehouse.org
- ♦ CCARS (717) 296-8181 www.communityaddictionrecovery.com
- R3 Recovery Services, (717) 340-0024 www.r3recoveryservices.com

# **Frequently Asked Questions**

Can someone who refuses treatment be "committed"? Adults cannot be committed for drug and alcohol treatment. There are limited circumstances where adolescents can be committed by their parents through Act 53, which requires legal intervention.

I was arrested for DUI in another state and told I need to take some kind of class. Who do I call? Contact Lancaster County Adult Probation Unit at (717) 299-8181.

My child is still in high school and I am worried that she may be beginning to experiment with drugs. Who should I call? Contact your child's guidance counselor or school nurse and ask for a referral to the Student Assistance Program at her school.

My child was arrested for underage drinking or got in trouble at school for alcohol or drugs. They need to take a class. Who do I call? Contact Compass Mark at (717) 299-2831 x228 to sign up for the Skills for Life program.

I think there is drug activity in my neighborhood. Who do I call? In an emergency, always call 911. If it is not an emergency, contact your local police or the Lancaster County Drug Task Force at (800) 422-1380.

I just want Case Management Services, can I get these without entering treatment services? YES, you can! Contact one of the listed Case Management Service Providers.

<sup>\*</sup>Christian faith-based service available

<sup>\*\*</sup>Spanish bi-lingual /bi-cultural service available