

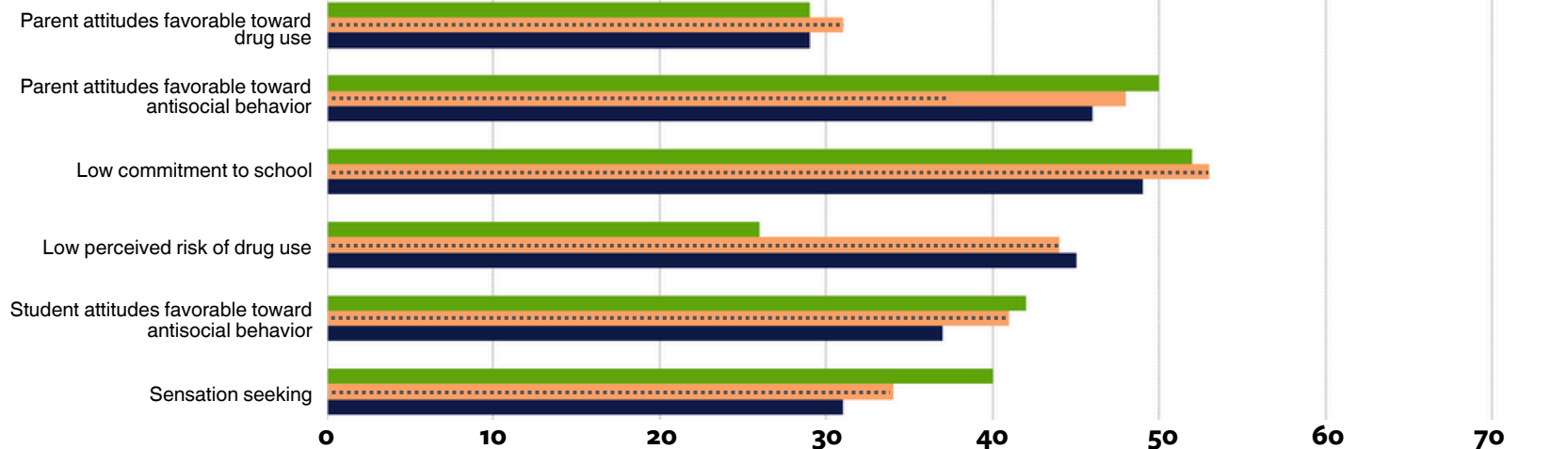
PA Youth Survey for Chester County Risk & Protective Factors

Percentage of 6th, 8th, 10th & 12th Graders Self-Reporting from 2019-2023

PROTECTIVE FACTORS- Higher is Better



RISK FACTORS- Lower is Better



2023 2021 2019

What is *Prosocial*?

Prosocial activities promote friendship, being helpful & other positive behaviors.

Examples:

- Sports teams or clubs
- Creative arts, music, theater
- Camps
- Volunteering
- Mentoring

How does it help?

- Improves mood
- Lowers stress
- Creates sense of belonging
- Reduces substance use

What is *Antisocial*?

Antisocial behaviors go against community laws or norms and may include violence.

Examples:

- Illegal drug use
- Selling drugs
- Stealing
- Assault