



Updated March 2021

Recovery Center Educational Groups & Activities

Monday-	Living in Balance* Living in Balance*	9AM-10AM 2PM-3PM
Tuesday-	Hope in Recovery* Into Action (AA)	5PM-6PM 7PM-8PM
Wednesday-	Discovery Recovery	1PM-2PM
Thursday-	Recovery 101 *	2PM-3PM
Friday-	Recovery 101 *	9AM-10AM
Saturday-	Living in Balance*	11AM-12PM
Sunday-	NA- "Inspiration to Recovery"	9AM-10:30AM

Hours of Operation:	Monday	8am-5pm
	Tuesday	8am- 6pm
	W-T-F	8am- 5pm
	Sat	9am- 2pm
	Sunday	Closed

*RED= Counts towards Program Requirements

**SOCIAL DISTANCING AND COVID PROTOCOLS IN PLACE-
MASKS REQUIRED**