COMPASS MARK
SCIENCE-BASED ADDICTION PREVENTION

Student Assistance Program: The SAP Process

"The Pennsylvania Student Assistance Program (SAP) is a systematic team process used to mobilize school resources to remove barriers to learning. SAP is designed to assist in identifying issues including alcohol, tobacco, other drugs, and mental health issues which pose a barrier to a student's success. The primary goal of the Student Assistance Program is to help students overcome these barriers so that they may achieve, advance, and remain in school." *~ PA Department of Education*

- **Referral** – Anyone can refer a student to SAP when they are concerned about them. Also, the student can go directly to the SAP team and ask for help. The team contacts the parent for permission to proceed with the SAP process.

- **Team Planning Meeting** – The SAP team gathers objective information about the student's performance in school from all school personnel who have contact with the student. Additional information is collected from the parent(s). The team meets with the parent(s) to discuss the data collected and also meets with the student. Together, a plan is developed to include in-school and/or community-based services and activities.

- **Intervention and Recommendations** – The plan is put into action. The team assists in lining the student to in-school and/or community-based services and activities. The team might recommend a drug and alcohol or mental health assessment.

- **Support and Follow-Up** – The SAP team continues to work with and support the student and family. Follow-up includes monitoring, mentoring, and motivating for academic success.

Contact a school guidance office to learn more about their SAP program and referral process. For information on SAP Team Trainings, contact our Director of Education & Training, Deb McCoy, at dmccoy@compassmark.org.

Addiction Resource Center @Compass Mark
1891 Santa Barbara Dr, Ste 104
Lancaster, PA 17601

(717) 299-2831
info@compassmark.org