



Virtual

POSITIVE CHANGE

CONFERENCE

***Collective
Restoration***

OCTOBER 28, 2020 | 7 a.m.

Millersville University | Compass Mark

WORKSHOP GUIDE

Networking Room (available 7 a.m. – 4:15 p.m.): <https://millersville.zoom.us/j/95182809709>

7 a.m. – 8 a.m. Meet with Vendors & Sponsors

8 a.m. – 9:15 a.m. Opening Remarks & Opening Keynote:
Susan L. Tarasevich, Ed.D. – Creating a Healthier Normal in the Time of Covid-19
<https://millersville.zoom.us/j/99171568990>, no Zoom passcode

| TITLE | PRESENTER(S) | ZOOM LINK |
|---|----------------------|---|
| 9:30 A.M. – 10:30 A.M. BREAKOUT WORKSHOP 1 | | |
| <i>SAP & the Mind-Body Connection</i> | Leah Mundy-Maher | https://millersville.zoom.us/j/91294870087 |
| <i>SAP, Trauma & the Community</i> | Stephen Paesani | https://millersville.zoom.us/j/99831838100 |
| <i>The Cost of Caring</i> | Marcelle Giovannetti | https://millersville.zoom.us/j/99100003819 |
| <i>COVID-19 & its Effects on Addiction Recovery</i> | Maricelle Sheldon | https://millersville.zoom.us/j/91415508960 |
| <i>Child Trauma & Covid-19</i> | Lindsey Ober | https://millersville.zoom.us/j/93769163216 |
| <i>Problem Gambling in an Aging Population</i> | Josh Mountz | https://millersville.zoom.us/j/97245260685 |

10:30 a.m. – 10:45 a.m. Break / Meet with Vendors & Sponsors

| | | |
|--|--|---|
| 10:45 A.M. – 11:30 A.M. BREAKOUT WORKSHOP 2 | | |
| <i>SAP: Fostering Relationships & Building Connections in an Online Environment</i> | Sean Galiczynski, Sanna McCoy, Lisa Moynihan | https://millersville.zoom.us/j/99171470400 |
| <i>Reinventing Our Clinical Selves in Response to the Covid-19 Pandemic</i> | Thomas Baier | https://millersville.zoom.us/j/93330410155 |
| <i>Building Our Skill Set to Strengthen Clinical Intervention with Young Adults</i> | Troy Jackson | https://millersville.zoom.us/j/94950258487 |
| <i>Addressing Violence Through a Unified Approach: Prevention, Enforcement & Reentry</i> | Amy Eisert | https://millersville.zoom.us/j/95212322187 |
| <i>The Role of Stress on the Development of Human Capacities</i> | Michael Penn | https://millersville.zoom.us/j/93348817706 |

11:30 a.m. – 12:30 p.m. Lunch on Your Own / Networking / Meet with Vendors & Sponsors

| 12:30 P.M. – 1:30 P.M. BREAKOUT WORKSHOP 3 | | |
|--|--|---|
| <i>SAP, Trauma & the Community</i> | Stephen Paesani | https://millersville.zoom.us/j/97883262756 |
| <i>Fostering Relationships and Building Connections in an Online Environment</i> | Sean Galiczynski, Sanna McCoy, Lisa Moynihan | https://millersville.zoom.us/j/945781049549 |
| <i>Covid-19 & Its Effects on Addiction Recovery</i> | Maricelle Sheldon | https://millersville.zoom.us/j/94540845359 |
| <i>The Cost of Caring</i> | Marcelle Giovannetti | https://millersville.zoom.us/j/94545250399 |
| <i>Addressing Violence Through a Unified Approach: Prevention, Enforcement & Reentry</i> | Amy Eisert | https://millersville.zoom.us/j/94673892155 |
| <i>The Role of Stress on the Development of Human Capacities</i> | Michael Penn | https://millersville.zoom.us/j/94664810684 |

1:30 p.m. – 1:45 p.m. Break / Meet with Vendors & Sponsors

| 1:45 P.M. – 2:45 P.M. BREAKOUT WORKSHOP 4 | | |
|---|---------------------|---|
| <i>SAP & the Mind-Body Connection</i> | Leah Mundy-Maher | https://millersville.zoom.us/j/91899318377 |
| <i>Sharpening Your Vision: Using Trauma Lenses to Create Success for All Students</i> | Susan L. Tarasevich | https://millersville.zoom.us/j/99155938367 |
| <i>Reinventing Our Clinical Selves in Response to the Covid-19 Pandemic</i> | Thomas Baier | https://millersville.zoom.us/j/99533546597 |
| <i>Building Our Skill Set to Strengthen Clinical Intervention with Young Adults</i> | Troy Jackson | https://millersville.zoom.us/j/96681669200 |
| <i>Child Trauma & Covid-19</i> | Lindsey Ober | https://millersville.zoom.us/j/98093186615 |
| <i>Loot Boxes: What Are They & How Do They Affect Young People?</i> | Josh Mountz | https://millersville.zoom.us/j/94874820056 |

2:45 p.m. – 3 p.m. Break / Meet with Vendors & Sponsors

3 p.m. – 4:15 p.m. Closing Keynote & Closing Remarks:
 Kristin Varner, CSW – Staying Connected Through Uncertain Times
<https://millersville.zoom.us/s/99171568990>, no Zoom passcode

ZOOM PASSCODE: POSCHANGE

SCHEDULE

| | |
|------------|--|
| 7 a.m. | Networking / Meet with Vendors & Sponsors |
| 8 a.m. | Opening Remarks |
| 8:15 a.m. | Opening Keynote Susan L. Tarasevich, Ed.D. – <i>Creating a Healthier Normal in the Time of Covid-19</i> |
| 9:15 a.m. | Break / Meet with Vendors & Sponsors |
| 9:30 a.m. | Breakout Workshop 1 (6 options) |
| 10:30 a.m. | Break / Meet with Vendors & Sponsors |
| 10:45 a.m. | Breakout Workshop 2 (5 options) |
| 11:30 a.m. | Lunch on your own / Networking / Meet with Vendors & Sponsors |
| 12:30 p.m. | Breakout Workshop 3 (6 options) |
| 1:30 p.m. | Break / Meet with Vendors & Sponsors |
| 1:45 p.m. | Breakout Workshop 4 (6 options) |
| 2:45 p.m. | Break / Meet with Vendors & Sponsors |
| 3 p.m. | Closing Keynote Kristin Varner BA, CRS – <i>Staying Connected Through Uncertain Times</i> |
| 4 p.m. | Closing Remarks |
| 4:15 p.m. | Conference End |

HISTORY OF THE CONFERENCE

The Lancaster County Drug & Alcohol Commission (LCDAC) began providing an addiction conference for school Student Assistance Program (SAP) teams in the late 1980s. Additionally, they coordinated an addiction Prevention Field Issues Forum in December of 1990, hosting attendees from 13 local organizations, which identified three top priorities:

- Coordination of school- and community-based programs for children from addicted families
- Increased involvement with rural/isolated groups
- Working with parents and community volunteers

This forum was so well received that they held “Part 2” in May of 1991 and invited educators and volunteer groups. For the next 20+ years they offered these two, annually. In 2005, LCDAC passed the baton to Compass Mark, which coordinated the two events until 2010 when funding cuts dictated that the two conferences be combined. A naming contest was held that year, and the winning name from a public school guidance counselor was “From Challenges to Choices: Creating Positive Change.” Nicknamed the “Positive Change Conference”, Compass Mark added an addiction treatment track to the event in 2012, enabling anyone in the helping professions gather and learn.

The conference moved to Millersville University in 2018, bringing participation in planning and a focus on scholarship and equity. The University has broad interdisciplinary support for the event from departments of nursing, chemistry, wellness & sports sciences, emergency management and others. The School of Social Work has graciously agreed to provide the CEUs for any social work participants. This collaboration is essential in order for the community to effectively address addiction disorders.

WORKSHOPS

Opening Keynote

Creating a Healthier Normal in the Time of COVID-19

by Susan L. Tarasevich, Ed.D.

Not only are we living during the global pandemic of 2020, but the aftermath of social unrest in the streets layers the adverse experiences of fear, uncertainty and for many, trauma, upon existing challenges. Schools brace for substantial increases in behavioral-health problems for students, staff and families as schools reopen. If you are wondering how to respond and lead with focused purpose and refined skills, this session is for you!

Brains change every minute of every day; whether this is positive or negative is up to us. Dr. Tarasevich will discuss the importance of building one's own resilience of body, mind and spirit and offer state-of-the-science strategies for self-care - that work. Come and learn some of the recent developments in trauma and resilience that can heal all of us. Delve into brain-friendly, effective strategies effective both in person and virtually—to boost protective factors to help students persist and, eventually, bounce back from the present-day crisis. Take away at least five practical tools, mindsets, and actions that do foster resilience and mitigate trauma in youth and adults.

BREAKOUT WORKSHOPS: SAP Track

SAP & the Mind-Body Connection, 9:30 – 10:30 a.m. & 1:45 – 2:45 p.m.

by Leah Mundy-Maher, LSW

Research shows that the connections among the brain, mind, and body impact our health, whether physical, mental, or emotional, in significant ways. There are several theories and practices we can draw from to tap into the mind-body connection. These tools offer creative ways to address the common student concerns often presented to SAP teams. This workshop will explore the foundations of the mind-body connection, practical applications students may utilize, and considerations for incorporating these ideas into the SAP framework. By the end of this workshop, participants will be able to:

- Outline at least one concept that describes the mind-body connection
- Demonstrate at least one skill that youth can practice to activate their mind body connection
- Identify at least two mind-body connection resources or practices that could be incorporated into the SAP process

SAP, Trauma & the Community, 9:30 – 10:30 a.m. & 12:30 – 1:30 p.m.

by Stephen Paesani

Trauma is a pervasive reality in the lives of many children and young people. The trauma, whether a single event or a prolonged experience, can have a significant impact on individual development, potentially leading to life-long difficulties. Appropriate interventions can reduce the harmful effects of the traumatic experience; SAP is a valuable tool in the intervention process. A well-informed and supportive community can further enhance the SAP process. This presentation will show how SAP and communities can work together to help relieve the pain and suffering of many students, supporting their ability for healthy development.

SAP: Fostering Relationships & Building Connections in an Online Environment, 10:45 – 11:30 a.m. & 12:30 – 1:30 p.m.

by Sean Galiczynski, Sanna McCoy, Lisa Moynihan

All of this virtual learning can be a bit difficult, huh? And with the Student Assistance Program added to the mix, things can only get more complicated. At 21st Century Cyber Charter School, a PA cyber school serving grades 6-12, we would like to help you navigate through the processes of a completely virtual SAP program. This includes methods of communication to students and families, acquiring consent forms online, meeting as a virtual SAP team, and providing support for those students online. We can find success through a virtual means and by doing so, we can help our students reach that same level of success.

Sharpening Your Vision: Using Trauma Lenses to Create Success for All Students, 1:45 – 2:45 p.m.

by Susan L. Tarasevich, Ed.D.

Educators are confronting a tsunami of challenges, not the least of which are substantial increases in behavioral-health problems for students, staff, and their families. The knowledge and skills presented in this session might be the most helpful framework you will find for understanding and working with trauma related behavior. In this dynamic session, join Dr. Tarasevich in identifying fight-flight-freeze-appease dimensions of student behavior, and leave with tools for identifying and addressing these learning barriers.

BREAKOUT WORKSHOPS: Treatment Track

The Cost of Caring, 9:30 – 10:30 a.m. & 12:30 – 1:30 p.m.

by Marcelle Giovannetti, MS, ACS, CADC, LPC, EMDR, CCTP-II

This session will help participants identify the signs and symptoms of compassion fatigue and burnout in the addiction treatment profession, along with strategies to assess and prevent burnout. Participants will learn how to identify the process of secondary traumatic stress and how professionals may become gradually symptomatic when working with traumatized clients steeped in pain and suffering. Participants will also learn to recognize key resiliency skills for the prevention of compassion fatigue and how to implement these skills towards the prevention of negative work-related effects. Participants will learn:

- How to identify the process of secondary traumatic stress and its impacts
 - The 5 key resiliency skills for preventing compassion fatigue and how to implement these skills towards preventing negative work-related effects
 - How to utilize self-care inventories to assess their own wellness
 - To identify cultural considerations of self-care and compassion fatigue
 - Grounding techniques to incorporate into daily practice
-

COVID-19 & its Effects on Addiction Recovery, 9:30–10:30 a.m. & 12:30–1:30 p.m.
by Maricelle Sheldon, MBA, CADAC, CPG

An Alcoholics Anonymous slogan states, "If nothing changes, nothing changes," referring to the requirement for making sustainable internal change to facilitate recovery—a major challenge for those dealing with substance use disorders during "normal times." What happens when EVERYTHING changes overnight?

Since the global pandemic was determined, the world has been coping with the rapidly changing landscape of panic, restrictions, recommendations, infection rates and mortality coverage, which impact each of us on many levels. This training describes the impact of COVID-19 on the experience specific to people seeking recovery during this unpredictable time. Maricelle will discuss the unique challenges presented to this vulnerable population and how to support people in all stages of their recovery—from early to long term. Workshop participants will:

- Obtain an understanding of how COVID-19 has impacted people in recovery, including their risk of and vulnerability to potential harmful effects of the virus and relapse.
- Be introduced to resources utilized for recovery while social distancing recommendations are in place. We will discuss how to inform and educate clients and recovery peer workers on accessing these resources for medical services, mental health, peer support, and recreational activities. Multiple pathways to recovery will be reviewed and considered.
- Learn about the effects of stress and social isolation on body, mind and spirit. Attendees will participate in simple, experiential interventions to promote coping skills and resilience, including mindfulness, guided imagery, and expressive writing.
- Brainstorm about the future of the "new normal" for recovery and how to continue to provide appropriate "life lines" for those in recovery.

***Reinventing Our Clinical Selves in Response to the Covid-19 Pandemic,
10:45 – 11:30 am & 1:45 – 2:45 pm***

by Thomas Baier

This presentation will address the critical factors for keeping clients engaged in the recovery process despite the numerous challenges presented by this pandemic. The adaptations necessary to accomplish this task, the potential pitfalls, and the resources necessary for success will be reviewed.

***Building Our Skill Set to Strengthen Clinical Intervention with Young Adults,
10:45 – 11:30 p.m. & 1:45 – 2:45 p.m.***

by Troy Jackson, MSS, LSW

Discovering new pathways to treatment for clinicians in order to assist their clients in an effective manner is a never-ending challenge for all therapists working with young adults. And this population calls for increased innovative and flexible approach in the field of substance use disorders. The break out session will discuss building an understanding and developing the skills needed to aid young adults and their parents in order to perform clinical interventions that will establish a framework for treatment of individuals abusing substances is the primary goal of the presentation. Questions are encouraged throughout, and the presenter will address:

- Effective screening and intervention for young adults who may be abusing substances
- Formulating alliances with young adults and their families through collaboration
- The role of the parent in the intervention process and treatment
- Coaching parents on building rapport and necessary boundary setting with their child
- Developing and deciding on effective treatment options

BREAKOUT WORKSHOPS: Prevention Track

Child Trauma & Covid-19, 9:30 – 10:30 a.m. & 1:45 – 2:45 p.m.

by Lindsey Ober, LSW

Trauma has the ability to shape a child's physical, emotional and cognitive developments from a very young age. In this breakout session, Lindsey Ober, the Family Services Advocate at Compass Mark, will provide a creative learning experience on trauma and provide an in-depth explanation on how children's risks for experiencing trauma are affected throughout the COVID-19 pandemic.

Using knowledge and experiences in the field of working with children of the incarcerated, Lindsey will demonstrate how a child's development and behavior can be affected in the home, school and community settings. It this session you will be guided through the correct interventions and proper trauma informed care (TIC) strategies in order to best serve children within your community. Learning Objectives:

- Participants will understand the relationship between a child's behavior and the trauma that they have endured throughout their lifetime
 - Participants will be able to recognize and understand the importance of partnering organizations to best serve a child's needs
 - Participants will be aware of the barriers that children and families experience as a result of the COVID-19 pandemic
-

Problem Gambling in an Aging Population, 9:30 – 10:30 a.m.

by Josh Mountz, M.Ed.

The population of the United States is graying more and more every year. That aging population is especially susceptible to issues that stem from problem gambling. During this presentation we will review the unique circumstances that make seniors vulnerable to problem gambling. We will discuss signs and symptoms of problem gambling that can alert friends, family members, and caregivers that a loved one could be in trouble. Problem gambling is something that can be treated! Resources for prevention and treatment of problem gambling will also be discussed. As a result of this presentation attendees will be able to:

- Identify signs of Problem Gambling in Seniors
 - Explain the reasons Problem Gambling can be especially dangerous for an aging population
 - List the resources available to prevent and treat Problem Gambling in seniors
-

Addressing Violence Through a Unified Approach: Prevention, Enforcement & Reentry, 10:45 – 11:30 a.m. & 12:30 – 1:30 p.m.

by Amy Eisert

This presentation will provide an overview of UnifiedErie, Erie County, PA's three prong approach to reducing violence: prevention, enforcement and reentry and the importance of utilizing a data driven holistic approach for effective, sustainable change.

***The Role of Stress on the Development of Human Capacities,
10:45 – 11:30 a.m. & 12:30 – 1:30 p.m.***

by Michael Penn, Ph.D.

Stress and hardship are paradoxical – on the one hand they may threaten a person's health, survival, development and well-being – and yet, on the other hand, exposure to stress appears to be critical to calling unrealized potential into existence. Indeed, a wide range of studies have revealed why exposure to stress is particularly vital to human maturation and development. In this session we explore the nature of stress, outline both its harmful and beneficial effects, and describe what is known about the role that stress plays in transforming human capacities into capabilities.

Loot Boxes: What Are They & How Do They Affect Young People? 1:45 – 2:45 p.m.

by Josh Mountz, M.Ed.

This presentation will look at the rise of loot boxes in the world of gaming. We will look at what loot boxes are, the role they have in gameplay, and how they are earned or purchased. Loot boxes have gained notoriety as a form of gambling. This presentation will explore how loot boxes relate to gambling and how they are (or are not) regulated. Studies have linked loot boxes, and gaming in general, to profound impacts on the adolescent brain. We will look at those effects and discuss concrete steps parents and caregivers can take to prevent the abuse/overuse of loot boxes. As a result of this presentation attendees will be able to:

- Define loot boxes and describe their place in gameplay
 - Explain how loot boxes are related to gambling
 - Describe the effects that loot boxes can have on the adolescent brain
 - Employ strategies for parents and caregivers to prevent the overuse/abuse of loot boxes
-

Closing Keynote

Staying Connected Through Uncertain Times

by Kristin Varner BA, CRS

How to maintain recovery as an individual in recovery and how to support our clients when we are unsure ourselves.

Conference Care Sponsor



Retreat Behavioral Health is a respected provider of substance use disorder treatment and mental health services. With a number of locations along the East Coast and a multitude of inpatient and outpatient services, Retreat's goal is to help people easily access the best quality of care in a holistic and peaceful environment. We are in-network with most major insurances, and our admissions department operates 24/7. Our on-site clinical and medical staff are leaders in their fields, committed to working tirelessly on behalf of our patients.

Opioid Workforce Expansion Sponsors



Millersville University
SCHOOL OF SOCIAL WORK
BASW • MSW • DSW



The Millersville University School of Social Work and Department of Nursing have been awarded a \$1.3 million grant to help address the current opioid epidemic in the United States. For this reason, the Opioid Workforce Expansion Program (OWEP) offers \$10,000 stipends for MSW students from the joint MSW program at Millersville University and Shippensburg University and \$28,352 stipends for DNP students who complete the OWEP program. OWEP includes specialized training through interprofessional trainings and field practicums for both MSW and DNP students in order to address the Prevention, Treatment, and Recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorders (SUDs). Specific college courses are required. An emphasis is placed on providing Integrated care with Primary Care and Behavioral Health along with Medication Assisted Treatment (MAT) and harm reduction. Field practicums in other community-based organizations where interprofessional collaboration is occurring, is encouraged, in order to address the same goals of Prevention, Treatment and Recovery.

Future of Positive Change Sponsors



INNOVO DETOX
A MARC TREATMENT CENTER

InnoVox Detox is a stand-alone facility in Pennsylvania offering detox, withdrawal managements, and medical stabilization services for those suffering from addiction and co-occurring disorders. Join us to discuss services provided, insurance accepted, success referring patients to next level of care, highlights of specific staff, and hiring opportunities.

Lancaster Behavioral Health Hospital



Penn Medicine
Lancaster General Health



Lancaster Behavioral Health Hospital, a partnership between Penn Medicine Lancaster General Health and Universal Health Services, Inc., aligns high quality care, knowledge, and resources to enable us to positively change behavioral healthcare in south central Pennsylvania. LBHH is an acute inpatient psychiatric hospital that provides a therapeutic environment for adolescents and adults that are in need of crisis stabilization and/or 24-hour care.

Major Contributor

PerformCARE®

Originally known as the Community Behavioral HealthCare Network of Pennsylvania (CBHNP), PerformCare became a member of the AmeriHealth Caritas family of companies in 2008. Together with AmeriHealth Caritas, we are proud to be leaders in Medicaid managed care and behavioral health care. Today, we remain committed to a mission-driven philosophy of care — providing quality, reliable, and cost-effective behavioral health management services to members across the Commonwealth.

Contributing Sponsors



Caron Treatment Centers is a premier SUD and behavioral health treatment facility in PA. Caron treats adolescents, young adults, adults and older adults and has specialized programs for Health Care Professionals, First Responders and Executives. Caron is now accepting

national insurances and just opened a program for executive women. Please stop in to meet Tom McDermitt and see what is happening at Caron!



The mission of Malvern Treatment Centers is to help treat those struggling with chemical dependency and inspire hope for a better tomorrow. Today we provide an evidence-based, complete continuum of care for those affected by

the disease of addiction. Under the Malvern umbrella, we operate two inpatient detox and rehabilitation centers, as well as multiple outpatient locations in the Delaware Valley.



GRADUATE PROGRAM
IN COUNSELING

Are you looking to advance your career as a clinical mental health counselor, couple and family counselor, or school counselor? With a program and faculty reflecting Messiah's reputation for academic excellence, Messiah University's CACREP-accredited M.A. in counseling prepares you to work in a variety of professional settings. Messiah's counseling

master's degree and certificate options allow you to achieve work-life balance without sacrificing the advantage of small class sizes and personalized attention from our faculty. Many courses are online, with weeklong intensive courses at our Mechanicsburg, Pennsylvania, campus, so you are free to pursue your career and your degree simultaneously.

Contributing Sponsors



Newport Academy is a series of evidence-based healing centers for adolescents and families struggling with mental health issues, eating disorders, and substance abuse. At Newport Academy, we believe in sustainable healing. We bring teens from self-destruction to self-esteem by treating the underlying causes of maladaptive and high-risk behavior. We treat individuals, ages 12-22, struggling with teenage depression, teen anxiety, eating disorders, teen trauma, teen dual diagnosis, and teenage substance abuse. Newport Academy is a different kind of teen rehab center. Through our clinical expertise and holistic care, we empower teens and restore families. We are a teen treatment center that provides the safety, support, and, above all, the unconditional love that teens and their families need to heal.



Join us to discuss new programs in PA and NJ that are small in network detox and residential programs with emphasis on our veterans' program as well as our pain management program.

Vendors



Firetree Ltd.

Firetree, Ltd.'s Conewago Family of Treatment Programs offers a range of programs addressing the needs of chemically addicted individuals. Programs for men and women 18 and older include: Conewago Place, Conewago Pottsville, Conewago Snyder and Conewago Indiana. Firetree, Ltd. also operates two all-male Halfway Houses, New Way of Life located in Indiana and Snyder counties. Our mission statement, "Together Building a New Way of Life," is exemplified by our progressive programs and our dedicated professional staff. We work as a team with our clients to help them change their thinking and behavior in order to maintain their sobriety.



Today, Pennsylvania Adult & Teen Challenge offers faith-based, comprehensive treatment programs to men and women. We are proud to offer highly regarded residential treatment programs at our Rehrersburg, PA; Western PA; Philadelphia, PA campuses. For individuals seeking help who cannot commit to a residential program, we offer outpatient programs through the Naaman Center with locations in Elizabethtown, Quarryville, Elizabethtown, and two in Lancaster, PA. All in all, we currently offer residential programs at three locations throughout PA. Through the Naaman Center, we provide outpatient help at seven sites.



The Potter's House is a safe place for recovery and discipleship in the area of addictions and life's dysfunctions. Transition to Community (TTC) is a 501c3 non-profit Christ-centered ministry. TTC ministers with a wholistic approach to the physical, emotional and spiritual needs of pre-release and post-release prisoners and individuals desiring to overcome addictions. Individuals will overcome obstacles in their lives and become responsible contributors in their family, workplace and community through the Potter's House residential ministries.

Vendors



We believe everyone has the opportunity to be the hero of their own story. At The Ranch Pennsylvania, we commit to providing authentic addiction and mental health treatment helping individuals find acceptance in their recovery journey. Join us for information about services provided and opportunities to learn more about our staff, their specialties and what truly makes The Ranch of PA a special place to heal, grow, and begin recovery.



At The White Deer Run Treatment Network, we help individuals struggling with substance use disorders build a strong foundation for long-term recovery with 14 programs throughout Pennsylvania. Learn more about our many programs for adults with substance abuse disorders and co-occurring addiction, as well as our inpatient program for adolescent males.

| SPONSOR | ZOOM LINK |
|---|---|
| <i>Compass Mark</i> | https://millersville.zoom.us/j/97867022050 |
| <i>Millersville University School of Social Work / Department of Nursing / OWEP</i> | https://millersville.zoom.us/j/99176821418 |
| <i>Caron</i> | https://millersville.zoom.us/j/95789287999 |
| <i>Innovo Detox</i> | https://millersville.zoom.us/j/96613119085 |
| <i>Lancaster Behavioral Health Hospital</i> | https://millersville.zoom.us/j/94197690111 |
| <i>Malvern Treatment Centers</i> | https://millersville.zoom.us/j/97858070992 |
| <i>Messiah University</i> | https://millersville.zoom.us/j/92790674405 |
| <i>Newport Academy</i> | https://millersville.zoom.us/j/95009482043 |
| <i>PerformCare PA</i> | https://millersville.zoom.us/j/94204452129 |
| <i>Retreat Behavioral Health</i> | https://millersville.zoom.us/j/99046810605 |
| <i>Summit Behavioral Health Center</i> | https://millersville.zoom.us/j/99489020279 |
| <i>White Deer Run Treatment Network</i> | https://millersville.zoom.us/j/92550194984 |
| <i>Firetree, Ltd.</i> | https://millersville.zoom.us/j/93924021803 |
| <i>PA Adult and Teen Challenge</i> | https://millersville.zoom.us/j/93685046673 |
| <i>Potter's House</i> | https://millersville.zoom.us/j/93780462579 |
| <i>The Ranch of PA</i> | https://millersville.zoom.us/j/91884968296 |

ZOOM PASSCODE: POSCHANGE

Presented by

Millersville University

Founded in 1855, Millersville University of Pennsylvania was established with the ideals that teacher preparation and classical learning are essential elements of public education and enlightened citizenship. One hundred and sixty years later these ideals still hold true. The University and its academic offerings have grown significantly to include 100+ undergraduate fields of study and over 50 master's and certificate programs. Today MU is considered a destination of choice not only for Pennsylvanians but for out-of-state and international students seeking a top-rated liberal arts education. Find us at www.millersville.edu.



COMPASS MARK

SCIENCE-BASED ADDICTION PREVENTION

Since 1966, Compass Mark has worked to prevent addiction through education, skill building and community mobilization. You'll find our dedicated team members equipping individuals, families and communities with protective factors. Protective factors are skills and strengths which buffer against the risk we have for diseases like addiction. Building protection in individuals and communities is the essence of our science-based approach to preventing addiction. To learn more about how we serve residents in Lancaster, Lebanon, and Chester Counties, please visit compassmark.org.



The Lancaster County Drug and Alcohol Commission has been serving the community for more than 35 years, fulfilling our mission to provide access to high quality, community-based drug and alcohol prevention/education services for all citizens and treatment services to uninsured and under-insured low-income citizens in an efficient and cost-effective manner. Major funding and planning oversight for this conference was provided by Lancaster County Drug and Alcohol Commission. Find us online at www.co.lancaster.pa.us/140/Drug-Alcohol-Commission.

Prevention Works • Treatment is Effective • People Do Recover

Millersville University

Millersville University is an Equal Opportunity/Affirmative Action institution.
A member of Pennsylvania's State System of Higher Education. 8120-CEHS-1020-RK