

Addiction

saps the vitality from our families and communities.

A November 2014 Gallup Poll asked Americans to rank the most urgent health problems facing this country. Ebola, with 2 recent deaths in the U.S., ranked first, over cancer and diabetes. Only 1% of respondents ranked addiction number one, despite the enormous toll it takes on the health of the 1 in 4 American families affected.

If the true costs of addiction—in the form of crime, child abuse, birth defects, teen pregnancy, medical care, school dropout, homelessness, HIV/AIDS, youth suicide and violent death, and domestic violence—were listed every evening on the news, we would demand prevention, intervention and treatment for all.



Prevention

revitalizes and sustains.

While addiction treatment saves 7 taxpayer dollars for every \$1 spent, prevention saves \$11. Based on the public health model used in the U.S. to combat anything from heart disease to cancer, addiction prevention seeks to lower risk factors and increase protective factors. We can't change genetics, but we can learn new skills to help keep us safe.

Compass Mark's skill-building programs look to tip that balance between risk and safety: to compensate for family histories of addiction, stressful neighborhoods and poor social skills. Our work assists children and adults to push themselves, take healthy risks, and become leaders.

Compass Mark Staff

Carol Kuntz, Executive Director/CEO
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Phyllis Spencer
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Desiree Weber
Justine Webster
... and many wonderful,
part-time facilitators!

EXECUTIVE MESSAGE

Eleven score and eighteen years ago our fathers brought forth a new nation. Many were lawyers, doctors, businessmen and most, plantation owners and farmers. They grew products like tobacco, hemp and yes, opium poppies. They imbibed alcoholic beverages and took drugs like laudanum (tincture of opium) for their pain. So set the basis for the American drug culture.

Today we see an increase in nonmedical prescription drug use, abuse of opiate-based drugs that lead to heroin use. Our police forces and courts are overrun with matters/crimes that are related to the drug-abuse culture. Our physicians and treatment providers are all working to stop the continuum of use, abuse, addiction. Compass Mark and other providers of prevention programs continue to see the importance and need to confront the ills of the lead-in or gateway drugs.

Alcohol and marijuana maintain a level of use by Lancaster County youth reporting 15% and 8% past thirty-day use in grades 6, 8, 10 and 12. In Lebanon County 17% of students report past thirty-day use of alcohol and 11% report past thirty-day use of marijuana.

Research-based prevention programs have been designed on current scientific evidence, tested, and shown to produce positive results. Scientists have developed these programs to positively alter the balance between risk and protective factors for drug abuse in families, schools, and communities.

Lancaster and Lebanon Counties retain many core values that we started with 1776, such as faith, strong work ethic and care and concern for our neighbors. We have changed our ideas, however, about the use of alcohol and other drugs, and Compass Mark is thrilled to continue to guide people towards taking healthy risks and living healthy lives.

~Carol M. Kuntz, Executive Director/CEO



Fiscal Year 7/1/13 to 6/30/14

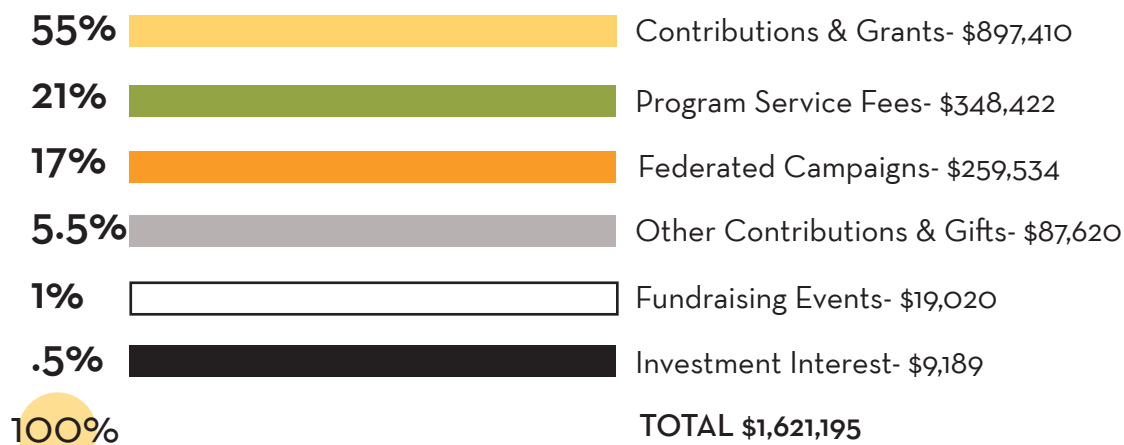
Elementary & Youth Support Program (EYSP)	420
Leadership Trainings	293
Lions Quest	1,102
SkillQuest	1,192
Baby Think it Over	65
Student Skills for Life	392
Future Generations Youth Leadership	275
Parent Education	140
Alternative (Healthy) Activities	319
Drug & Alcohol Information Center	161,717
Lebanon County General Prevention	2,142
Problem Gambling Prevention (Lancaster & Lebanon)	11,877
Total	179,934

Compass Mark

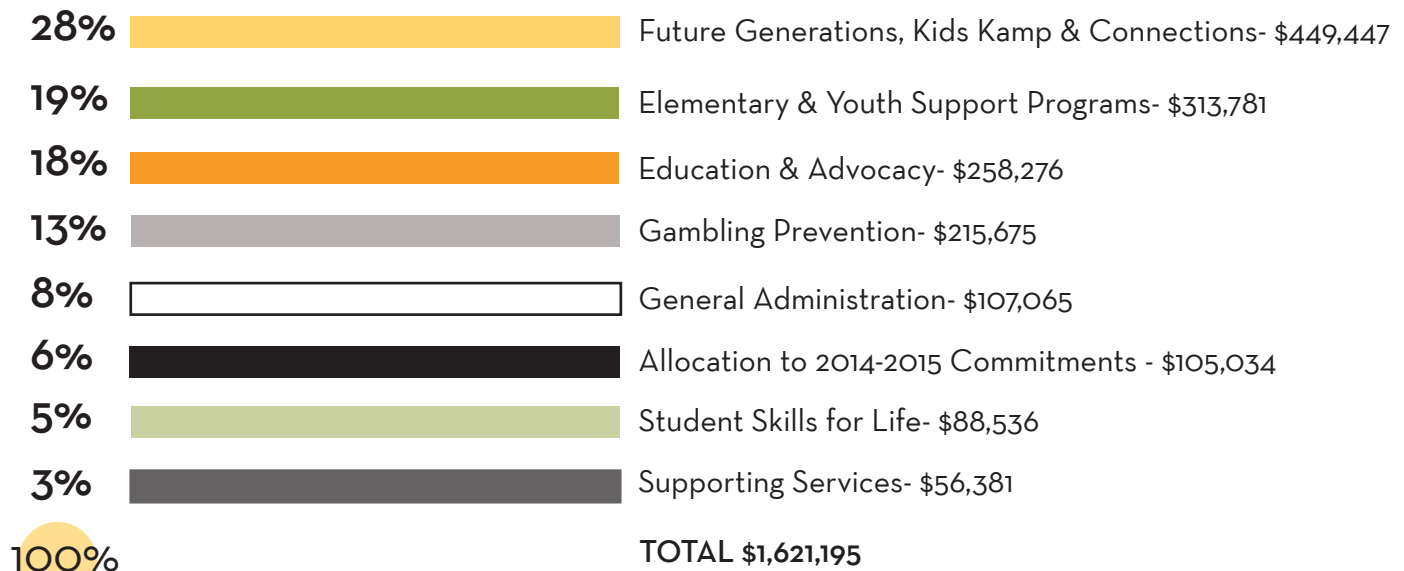
Trains teachers to intervene with students • **Builds** the social skills of at-risk children • **Works** with teens experimenting with substances • **Engages** senior citizens with activities other than bingo • **Hosts** continuing education for addiction counselors • **Provides** Spanish bi-lingual, bi-cultural support to families struggling with alcohol and other drug use • **Arranges** fun, safe activities for vulnerable adolescents after school • **Educates** parents of experimenting teens • **Offers** free publications and a lending library about addiction • **Shows** at-risk youth their options after high school • **Raises** funds by introducing people to Downtown Lancaster • **Educates** students about addiction and the risks of gambling • **Testifies** before the PA legislature on the nature of substance abuse • **Answers** the public's question about treatment and support resources • **Instills** community spirit in youth by leading service projects • **Collaborates** throughout Lancaster County by providing technical assistance to prevention coalitions • **Engages** YOU to support our mission!

Compass Mark works to reduce the incidence, prevalence, and consequences of the harmful use of and addiction to alcohol and other drugs.

INCOME 2013/2014



EXPENSES 2013/2014



We're grateful for the financial and technical support provided by the
Lancaster County Drug & Alcohol Commission
and
The Lebanon County Commission on Drug and Alcohol Abuse

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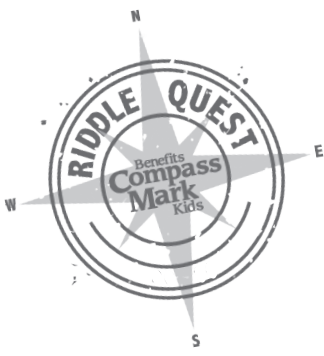
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If we missed your name, please let us know. We'll be sure to mention it in an upcoming newsletter.



Riddle Quest

Saturday, May 2, 2015

Come join us for a day filled with fun and adventure right in the heart of downtown Lancaster. Compass Mark is proud to present the Fourth Annual Riddle Quest as part of the celebration of Spring and new beginnings. Grab your co-workers, family and friends and enjoy a day of fun, exercise and local knowledge.

Who knows what new things you will learn and discover!

What: A riddle-based Scavenger Hunt for teams of 4 filled with prizes valued from \$35 - \$2,500!

When: May 2nd, 2015 from 11am-3pm. Award ceremony at 4PM

Where: The Heart of Historic Downtown Lancaster!
Starting at Lancaster Convention Center, Entrance at 25 S. Queen Street



Register starting in late winter at www.compassriddles.org



Photos courtesy of Melissa Engle Photography

Riddle Quest proceeds benefit Future Generations, a year-round academic, social, physical and leadership enrichment initiative for youth.

FUTURE GENERATIONS


COMPASS MARK
TRANSFORMING LIVES. STRENGTHENING COMMUNITIES.

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