

Elementary Youth Support Program (EYSP)

Sharing & Caring Curriculum

First Grade Lesson Topics

Lesson #1: Establishing Group Rules and Team Building

Lesson #2: Learning About Each Other

Lesson #3: The Importance of Listening

Lesson #4: Feeling Proud of Ourselves

Lesson #5: The Power of No

Lesson #6: Conflict Resolution

Lesson #7: Sharing Talents and Compliments

Lesson #8: Sharing Compliments

Lesson #9: Accepting Our Feelings

Lesson #10: People We Can Trust

Lesson #11: Getting Along With Others

Lesson #12: Handling Angry Feelings

Lesson #13: Our Families Are Special

Lesson #14: Safe and Unsafe Uses of Drugs

Lesson #15: Bullying Behaviors

Lesson #16: Bullying Behaviors

Lesson #17: Sharing Worries and Problems

Lesson #18: Making Good Decisions

Lesson #19: Solving Problems

Lesson #20: Saying Goodbye to Group



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